



## DITAELO TSA TIRISO

O tshwanetse go sala ditaelo tsa tthatlho bo morago ka kelotlho ko gore o kgone go bona maduo a boammaaruri. O seka wa ja kgotsa wa nwa, metsotso e le lesome le botlhano(15), pele ga o simolola tthatlho bo, kgotsa wa dirisa melora e e tthatlho bo legano metsotso e le masome a mararo pele ga o simolola tthatlho bo.

TLHAGISO: Fa o le mo kalafing ya HIV (di-ARV), o ka nna wa bona maduo a a seng Boammaaruri.



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## SETSWANA

# ORAQUICK®

HIV SELF-TEST

### O KA DIRISA JANG ORAQUICK® HIV SELF-TEST KIT



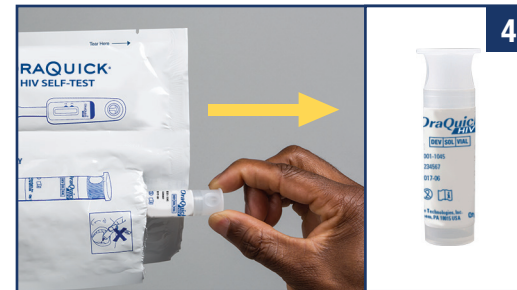
**O TLA TLHOKA TSELA YA GO LEPA NAKO FA O DIRA TLHATHOBO**



Mophuthelo o tsentse: **Kit ya tthatlho bo, setlho mo (stand) sa tthatlho bo** le ditaelo tsa tiriso.



Kit ya gago ya tthatlho bo e na le dipata tse pedi.



Gagola, o bule pata e e nang le botlojana (tube).



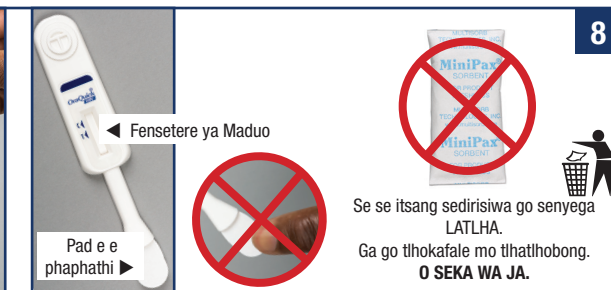
Ntsha sekhurumelo.



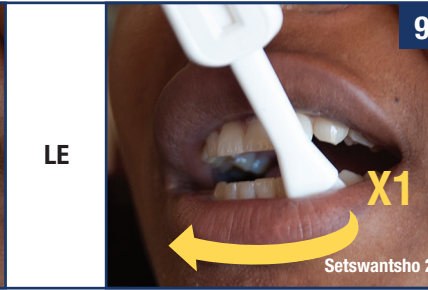
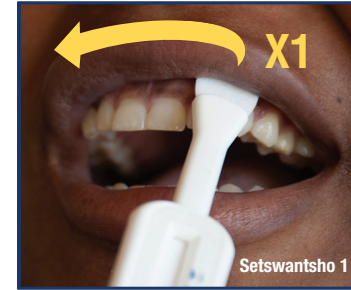
**O SEKA** wa tsholola metsinyana. **O SEKA** wa nwa.



Tlhomela botlojana mo setlhomong.



Gagola, o bule pata e e tsentseng **sedirisiwa sa tthatlho bo** o bo o se **ntsha mo teng**. **O SEKA** wa tshwara pad e e phaphathi ka menwana. **O SEKA** wa ja kgotsa wa metsa se se itsang **sedirisiwa go senyega**(preservative).



Gatelela **pad e e phaphathi** mo marininig a gago, mme o sutlhel **marinini a a ko godimo gangwefela** (setshwantsho 1) le **marinini a a ko tlase gangwefela** (setshwantsho 2).



Tsenya **pad e e phaphathi** mo botlojaneng go fitlhela e kgoma ko tlase.



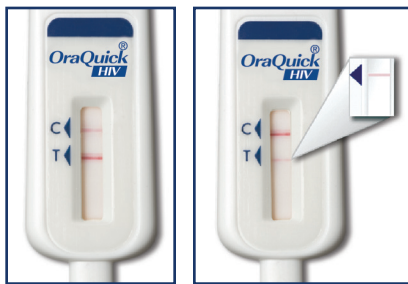
**E tlogele mo teng metsotso e le masome a mabedi (20 minutes) pele ga o ka bala maduo. O SEKA** wa bala maduo morago ga metsotso e e masome a mane (40 minutes).

### GO BALA MADUO



Bala maduo mo lefelong le le nang le lesedi le le lekaneng

### MADUO A A SUPANG MOGARE WA HIV



Mela e e feletseng e mebedi, le fa mola o sa bonale thata, e raya gore o ka nna wa bo o na le mogare wa HIV ebile o tlhoka tthatlho bo ya tlaleletso.



**Ka bofebo jo bo kgonegang . . .**  
**Etela lefelo le le gaufi le wena le go dirwang tthatlho bo ya HIV kgotsa kokelwana e e gaufi.**

### MADUO A A SENANG MOGARE

**FA MADUO A KA BALWA PELE GA METSOTSO E E MASOME A MABEDI, A KA NNA A BO A SE BOAMMAARURI**



Mola o mongwefela go lebagana le tlhaka "C" ebile go sena mola fa tlhakeng ya "T", maduo a gago ga a na mogare wa HIV.

Batla go tthatlho biwa kgapetsa-kgapetsa. Fa o kile wa nna mo diphatseng tsa go tsenwa ke HIV, dira tthatlho bo gape mo kgweding tse tharo.

### MADUO A A SENANG BOLENG



Fa go sena mola go lebagana le tlhaka "C" (le fa go na le mola go lebagana le tlhaka "T"), kgotsa go tletse bohobidu jo bo dirang gore go bala maduo go seka ga kgonega, tthatlho bo e a bo e sa direga, e tlhoka go boeilelwa.

**O tshwanetse go dira tthatlho bo e nngwe.**



Tthatlho bo ga e a direga.  
Etela lefelo le le gaufi le wena le go dirwang tthatlho bo ya HIV kgotsa kokelwana go dira tthatlho bo gape.

### GA KE TLHOMAMISE MADUO

Ga o itse kgotsa ga o tlhomamise maduo a gago.

Etela lefelo le le gaufi le wena la tthatlho bo kgotsa kokelwana go dira tthatlho bo gape.

### LATLHA

Ntsha legong la tthatlho bo, busetsa sekhurumelo mo botlojaneng ya tthatlho bo o bo o latihela sengwe le sengwe mo matlakaleng a gale le gale.



**GO DIRISEDIWA DIPATLISO FELA • GA GO DIRISEDIWE TLHOKOMELO YA BALWETSI**

