



EBIRAGIRO EBIRINA OGOBERERWA

Otekeddwa okugoberera endagiriro z'enkola eno nobwegendereza okusobola okufuna alizaati entuufu. Tolya oba tonywa kintu kyona lwakiri okumala eddakika kumi natano nga tonatandika kwekebera oba kuzozesa bintu ebyokulongoosa akamwa okumala eddakika amakumi asatu nga tonandika kwekebera.

OKULABULA: Bwoba oli ku ddagala (HIV) eriwezeza akawuka ka mukenenya (ARVs) ebinavamukukeberewa biyinda okuba ebikyamu.



WETEGEREZE EBIRAGIRO

www.oraquickhivselftest.com

LUGANDA

ORAQUICK[®]

HIV SELF-TEST

ENGERI YOKUKOZESA OLUKOMO OLUKOZESA AMALUSU OKWEKEBERA AKAWUUKA KAMUKENENYA WEKKA



1

WEETAAGA OKUFUNA ENGERI GYO PIMAMU OBUDEDE



2

Ekisawo kino kirimu: **Ebintu ebirina okukozesebwa, akawanira akabokisi omuli ebintu ebirina okozesebwa wamu ne birina ogobererwa mukukeberewa.**



3

Ensawo omuli olukomo lwokwekebera erina obusawa obutono bubiri.



4

Yuza osanukule akasawo akalimu **akacupa.**



5

Sumulula ojeko akasanikira.



6

TOLINA kuyiwa ekyo ekiringa amazzi. **TOLINA** kunywa.



7

Akacupa kasimbe okayimirize mu **katandarokako.**



8

Tuza ekisawo ekirimu **akuuma akalina okozesebwa mukukebera** okagyemu. **TOLINA** ku kuma kayitibwa akatundu akagolokofu nangalo zo. **TOLINA** kulya yadde okumira ekyo ekikozesebwa mukukuma eddagala.



9

Nyiga **akajiiko akaterevu** ku kibuno kyo era okayise **kukibuno kyo ekyawagulu omurundi gumu** (nga bwolaba mukifananyi ekisooka) **nekukibuno kyo ekyawansi omurundi gumu** (nga bwolaba mukifananyi ekyokubiri).



10

Teeka **akajiiko akaterevu** ako kona mukacupa ppakanga nga katuuse kuntobo yakacupa.

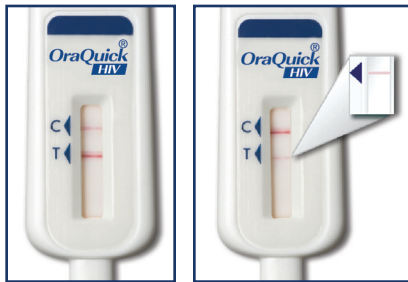


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Akajiiko kaleke mu kacupa okumala eddakiika amakumi abiri nga tonasoma aliizati. Tosoma aliizati okusuka eddakiika amakumi ana.

OKUVUNNULA ALIZAATI Soma ebivudde mukukeberewa mukifo awali ekitangala ekimala obulungi

ALIZAATI ELAGA OKUBA NAKAWUUKA KAMUKENENYA



Enyiriri ebbiri, nebweluba olunyiriri sirukwafu osobola kuba n'akawuka k'amukenenya era olina okudamu okukebeza.



Mubwangu nyo ddala ...
Genda kudwaliro erisinga okuba okumpi webakeberera akawuuka kamukenenya

ALIZAATI ENKYAMU



Ebbanga oba awatali kakoloboze kumpi ne nyukuta "C" (nebwewaberawo akakoloboze kumpi nyukuta "T"), oba olupande olwemabega olumyufu kikifuula kizibu nyo okusoma alizaisati evvude mukwekebera, era awo akakomo akakebera kaba tekakola era okukebera kulina okudibwamu.

Olina okufuna olukomo olulala okwekebera.



Olukomo bwe luba telukoze bulungi. Kyalira akalwariro akasinga okuba okumpi awakebererwa akawuuka kamukenenya oddemu okebererwa natte.

ALIZAATI ELAGA OBUTABA NAKAWUUKA KAMUKENENYA

BWOSOMA NGA TEWANAYITA DAKIIKA AMAKUMI ABIRI, ALIIZATI EYINZA OBUTABA NTUUFU



Akakoloboze kamu kumpi ne nyukuta "C" era nga tewaili kakoloboze nebwanga okumpi ne nyukuta "T", awo alizaati yo eraga nti tolina kawuuka kamukenenya.

Nonya okwekebera bulijjo. Singa oba osinsikanyiddwa n'akawuuka kamukenenya, ddamu wekebeze oluvanyuma lwe myezi esatu.

SSEKAKASA ALIIZATI

Tomanyi aliizati yo oba tewekakasa aliizati yo.

OKUSUULA

Jamu olukomo, sanikira akacupa mwekabadde era osuule ebintu ebyo byonna mukasasiro.



Kyalira akalwariro akasinga okuba okumpi awakebererwa akawuuka kamukenenya oddemu okebererwa natte.

